

PSORIASIS EPIDEMIOLOGY SCREENING TOOL (PEST)



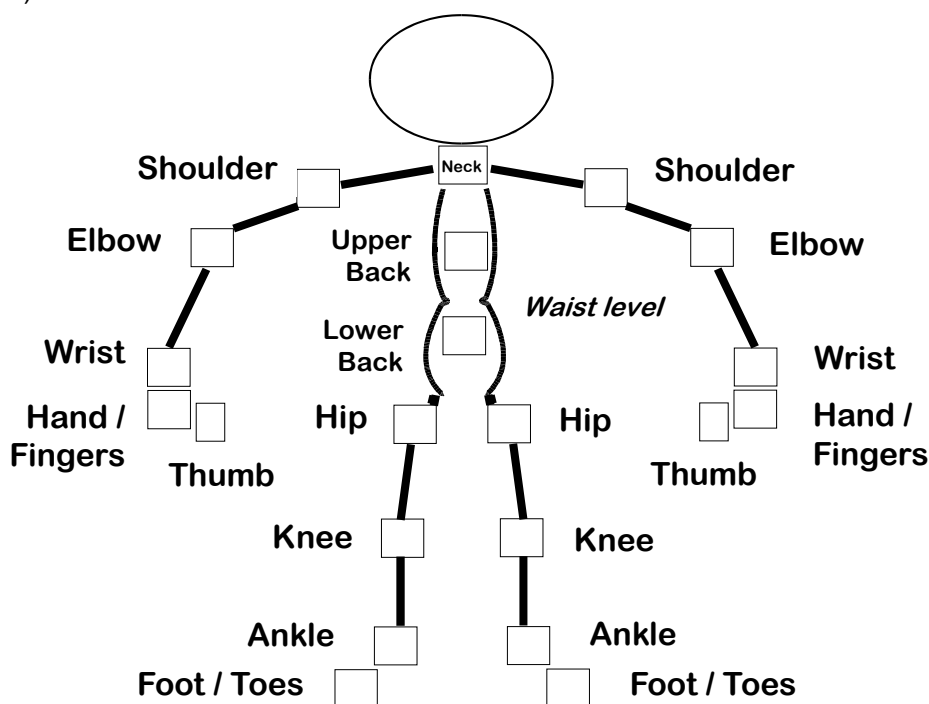
HOSPITAL NO.

PATIENT NAME

DATE OF VISIT

PEST is a validated screening tool for psoriatic arthritis (PsA) and it is recommended that patients with psoriasis who do not have a diagnosis of PsA complete an annual PEST questionnaire (NICE psoriasis guidelines 2012). A score of 3 or more indicates referral to rheumatology should be considered.

In the drawing below, please tick the joints that have caused you discomfort (i.e. stiff, swollen or painful joints).



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Please answer the questions below and score 1 point for each question answered 'Yes'

	Yes	No
1. Have you ever had a swollen joint (or joints)?	<input type="checkbox"/>	<input type="checkbox"/>
2. Has a doctor ever told you that you have arthritis?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do your finger nails or toenails have holes or pits?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you had pain in your heel?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you had a finger or toe that was completely swollen and painful for no apparent reason?	<input type="checkbox"/>	<input type="checkbox"/>
Total	 / 5	

A total score of 3 or more out of 5 is positive and indicates a referral to rheumatology should be considered