

BAD/DC Travel Fellowship - Winter 2016

Dr Aiza Jamil

I am highly grateful to BAD for giving me an opportunity to attend EADV Spring symposium in Greece from 19th-22nd May 2016 via BAD travel award. It was indeed a wonderful experience to present my poster and to attend highly informative scientific symposium in the beautiful city of Athens. Athens is one of the oldest and most ancient capitals in Europe. Besides glorious warm weather and bright sunny days, the city of Athens is a good combination of modern and ancient civilization and indeed attracts a lot of tourists.

The Symposium's theme was 'Moving Boundaries' and it reflected upon the daily challenges that are confronted with in our endeavour to expand our specialty towards new and fascinating territories, and in keeping up with the ever-changing world of skin diseases.

The scientific programme was designed to include mostly all of the all areas of dermatology and venereology, and included new and innovative treatment modalities developed in accordance with the vastly growing medical technologies. There were distinguished speakers from all over the world who presented their papers and shared their knowledge, experience and skills.

The scientific sessions were over the period of three days. The first day focussed mainly on general dermatology including inflammatory dermatoses, paediatric dermatology, autoimmune conditions and complex diagnoses. I found these sessions highly useful as general dermatology accounts for most of our outpatient clinic work and it was very useful to know about new treatments and their impact on patient's prognosis. The sessions on paediatric dermatology also included a lot of genodermatoses and recent treatments which were very informative. There are always an area on complex cases and difficult to manage autoimmune conditions and there were excellent presentations by experienced dermatologists who made this session very interesting.

The second day of symposium focussed on antibody therapy, Lasers and its applications and skin cancers. The lectures were very informative and it was a valuable experience.

The last day of symposium covered the areas of dermoscopy, hair and nail diseases. The specialists' talks were excellent and I thoroughly enjoyed the session. It was also good to hear about variety of different treatment modalities used in different parts of the world.

I would conclude by thanking again to BAD for providing me the opportunity to attend this symposium. It was indeed highly valuable experience for me to not only visit a beautiful city but also enhance my knowledge in dermatology. This has motivated me to attend such informative meetings and conferences again in the future.