

BAD/DC Travel Fellowship - Winter 2018
2018 AAD Annual Meeting
San Diego, California, 16th to 20th February 2018



I am very grateful to the BAD for giving me the opportunity to attend the AAD annual meeting in San Diego where I presented my poster on 'A rare case of bullous pemphigoid associated with oesophageal involvement and acquired haemophilia'. This was my first AAD meeting and it was an excellent meeting from start to finish. As a specialist registrar in my final year of training I found this an invaluable educational experience which supported many aspects of my training curriculum. The programme offered was extremely varied and packed with fantastic speakers from speakers all over the world.

As medical dermatology is an area of particular interest for me, I attended a session on challenging adult and paediatric autoimmune connective tissue diseases covering diagnosis and management of conditions including linear morphea (with particular emphasis on the differences in clinical presentation and management amongst adult and paediatric patients), neonatal lupus, erythromelalgia, pyoderma gangrenosum, pemphigus vulgaris, systemic sclerosis, eosinophilic fasciitis, sarcoidosis, lupus and dermatomyositis. I found this talk particularly useful and interesting as medical dermatology can be a challenging field and this talk helped to consolidate my existing knowledge as well as offering lots of useful advice on how to diagnose and manage more challenging cases.

Another session of particular interest to me was the hair and scalp dermoscopy talks, an area of dermatology where I have only had limited exposure to so far in my training. It was interesting to learn about the different dermoscopic features which can aid diagnosis of various hair conditions such as alopecia areata, lichen planus pilaris, frontal fibrosing alopecia and discoid erythematosus. I will be applying this knowledge gained in my future practice.

I also attended sessions on vascular malformations in children, skin problems amongst darker skin types (with particular emphasis on the treatment of vitiligo) and recent advances in the management of bullous diseases (including the current evidence in the roles of intravenous immunoglobulins and rituximab).

Finally, besides from the conference I also had the fantastic opportunity to explore some of San Diego including San Diego Zoo, La Jolla beach and Coronado island.