

## Applied Photodermatology Course Programme 2010

Date	Tuesday 4 <sup>th</sup> – Wed 5th May 2010
Venue	Willan House, 4 Fitzroy Square London W1T 5HQ
Accommodation (not included in course fees)	Holiday Inn Regent's Park, Carburton Street, London W1W 5EE
Holiday Inn Hotel: tel	+44 (0) 870 400 9111
Holiday Inn Hotel: Fax	+44 (020) 7387 2806
Holiday Inn Hotel web site	<a href="http://www.london-regentspark.holiday-inn.com">www.london-regentspark.holiday-inn.com</a>
Course Director	Professor Alex Anstey
Co-chairman	Dr Kevin McKenna
Course lecturers	Professor Lesley Rhodes Dr Chris Edwards Dr Jane McGregor
Expert patients	Mrs Sandra Webb (XP Support Group) Mrs Maxine Whitton (Vitiligo support Group)
Secretariat	BAD Conference and Events Services
Telephone	020 7391 6357
Fax	020 7388 0487
e-mail	<a href="mailto:sally-ann@bad.org.uk">sally-ann@bad.org.uk</a>

## **Specialist registrar curriculum: photodermatology**

Booklet to be given at the course

## **Phototherapy training manual**

Manual to be given at the course

### **Educational objectives of course:**

- To teach delegates how to evaluate patients with photosensitivity
- For delegates to review cases of their own and be able to identify where management was good and also where it was poor and required improving
- For delegates to review strategies for managing patients with photosensitivity and relate these to their own cases
- For delegates to evaluate the impact of photosensitivity of patient's lives by listening to the stories of some expert patients
- For delegates to identify the pros and cons of pre-phototherapy phototesting in PUVA and UVB and to relate these to their own clinical practice
- For delegates to evaluate the uses and applications of less well known phototherapy irradiation and measuring devices and identify which (if any) should be more widely available
- For delegates to identify currently accepted best practice in the practice of phototherapy for its most common applications and to identify how this differs from practice in their own unit/department

### **Skills and knowledge to be acquired during the course**

- To equip delegates with the knowledge and skills to be able to evaluate patients with photosensitivity and diagnose the underlying cause
- To equip delegates with the knowledge and skills to be able to manage patients with prolonged photosensitivity
- For delegates to acquire the knowledge and skills to be able to take on the role of clinical lead for phototherapies in their own unit

### **1. Congenital photosensitivity syndromes (8 lectures)**

Subject	Lecturer
Xeroderma pigmentosum	Prof Alex Anstey
Cockayne Syndrome	Prof Alex Anstey
Bloom's syndrome	Prof Alex Anstey
Smith-Lemli-Opitz syndrome	Prof Alex Anstey
Trichothiodystrophy	Prof Alex Anstey
Rothmund Thomson syndrome	Prof Alex Anstey
Hartnup's disease	Prof Alex Anstey
Kindler syndrome	Prof Alex Anstey

### **2. Acquired photosensitivity syndromes (9 lectures)**

Subject	Lecturer
Polymorphic light eruption	Prof Alex Anstey
Actinic prurigo	Prof Alex Anstey
Solar urticaria	Prof Alex Anstey
Hydroa vacciniforme	Prof Alex Anstey
Chronic actinic dermatitis	Prof Alex Anstey
Pellagra	Prof Alex Anstey
Drug-induced photosensitivity	Prof Alex Anstey
Plant-induced photosensitivity	Prof Alex Anstey
Photo-aggravated disorders	Prof Alex Anstey

### **3. Cutaneous porphyrias (6 lectures)**

Subject	Lecturer
Haem biosynthetic pathway	Dr Mike Badminton
Congenital erythropoietic porphyria	Dr Ru Katugampola
Porphyria cutanea tarda	Dr Mike Badminton
Variagate porphyria	Prof Alex Anstey
Erythropoietic protoporphyria	Dr Alex Holme
Porphyria in South Africa	Prof Peter Meissner

### **4. Photophysics, Phototesting, phototherapy equipment, PDT and photoprotection (11 lectures)**

Subject	Lecturer
Monochromator light testing	Tony Pearse
Photoprovocation testing	Tony Pearse
MED testing	Dr Chris Edwards
MPD testing	Dr Chris Edwards
Photopatch testing	Dr Mabub Choudhry
Routine cabin dosimetry	David Taylor
Elementary photophysics	Dr Grace Carolan-Rees
Review of UV phototherapy equipment	David Taylor
UV sources	Dr Grace Carolan-Rees
Overview of PDT	Dr Sandra Campbell
Photoprotection	Prof Alex Anstey

Venue: Willan House, 4 Fitzroy Square, London W1T 5HQ

## Programme

Tuesday 4<sup>th</sup> May 2010

<b>Time</b>	<b>Topic</b>	<b>Lecturer</b>
8:30-9:00	Registration	
9:00-9:10	Welcome, introductions and overview of the day	Professor Alex Anstey
9:10-9:30	Practical approach to diagnosis in patients with photosensitivity	Dr Kevin McKenna
9:30-10:15	Delegates in small groups for analysis of case scenarios	
10:15-10:45	Group discussion of case scenarios	Prof Alex Anstey
10:30-10:50	Coffee/tea	
10:50-11:30	Delegate case presentations of photosensitivity conditions	Dr Kevin McKenna
11:30-12:10	XP: patient support group and case presentation	Sandra Webb
12:10-12:45	Vitiligo: Evidence base for treatment and personal tips on management	Maxine Whitton
12:45-1:30	Lunch	
1:30-2:15	Acquired photosensitivity in young adults	Dr Jane McGregor
2:15-3:15	Porphyria expert patients	Various patients from Wales
3:15-3:30	Tea	
3:30-4:15	Acquired photosensitivity in older adults	Kevin McKenna
4:00-5:00	Congenital photosensitivity	Prof Alex Anstey
5:00-5:10	Concluding comments	Dr Kevin McKenna

Course Dinner: Willan House

Pre-meal drinks: 7:00pm

Sit for dinner: 7:30pm

# Programme

## Wednesday 5th May 2010

Time	Title of talk	Lecturer
9:00-9:10	Overview of day	Prof Alex Anstey
9:10:-9:40	Overview of Phototherapies	Dr Kevin McKenna
9:40-10:30	Delegates in pairs for analysis of phototherapy case scenarios	Dr Chris Edwards Prof Alex Anstey Dr Kevin McKenna
10:30-10:45	Coffee	
10:45-11:30	Discussion of case scenarios	Dr Chris Edwards
11:30-12:15	Delegate case presentations (phototherapy and PDT triumphs and disasters)	Dr Kevin McKenna
12:15-12:45	PDT Guidelines in focus	Prof Lesley Rhodes
12:45-1:30	Lunch	Demonstration of MED and MPD methodology, Chris Edwards
1:30-2:00	Making the case for PDT	Prof Lesley Rhodes
2:15-2:45	UV therapies for eczema	Prof Alex Anstey
2:45-3:15	UV therapies for mycosis fungoides	Dr Kevin McKenna
3:15-3:35	Tea	
3:35-4:15	Clinical governance in phototherapy	Dr Chris Edwards
4:15-4:30	Feedback and concluding comments	Prof Alex Anstey

Close (4:30)

# Applied Photodermatology Course 2010

4th - 5th May 2010 - Willan House, London

The emphasis of the course is on practical aspects of patient care, with particular attention to advances in management.

This course includes two days of interactive teaching. The taught course is preceded by 33 PowerPoint lectures from experts in the field. **Late registration will not be possible as these on-line/CD lectures are an integral part of the course.** Students should allow sufficient time to complete these lectures prior to attending the taught course. The PowerPoint lectures will be available to students on CD six weeks before the taught course starts (equivalent to 5 hours private study). Students require a computer with audio facilities in order to hear the lecturer's voice. Self-assessment following each lecture is by MCQ. The two taught days are divided into photodermatology disease management (day 1) and phototherapy (day 2). A variety of teaching techniques are used including expert patients, case scenarios, small group problem solving, lectures and practical demonstrations.

Registration fee: £400 - full registration, £200 for Trainees / SpR's. This will include both course days and dinner at Willan House, London. Please find enclosed a list of hotels local to Willan House for delegates to choose and book with. The British Association of Dermatologists are unable to arrange accommodation for delegates, and we advise all delegates to book in directly with the hotel of their choice.

To reserve your place on the course please complete the bottom section of this letter and send it to: **Conference & Events Services, BAD House, 4 Fitzroy Square, London, W1T 5HQ.**

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## Applied Photodermatology Course 2010

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Email: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

### Type of Registration:

- £400 – FULL REGISTRATION (includes course and dinner on Tuesday 4<sup>th</sup> of May)
- Please book me a place at the course dinner on Tuesday the 4<sup>th</sup> of May (included in registration fee)
- £200 – TRAINEE / SpR RATE (included course and dinner on Tuesday 4<sup>th</sup> May)

Please indicate any special dietary requirements: (E.g. Vegan, Kosher, Halal, Vegetarian)

### Method of Payment:

I enclose a cheque for £\_\_\_\_\_

Cheques should be made payable to **British Association of Dermatologists** or pay by credit card:

Card Number:

Expiry Date:  Security Number:  Issue Number:

Name as appears on card: \_\_\_\_\_

Total amount to be debited: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For further details please email: [sally-ann@bad.org.uk](mailto:sally-ann@bad.org.uk) or telephone: 020 7391 6357

Please note: All cancellations are subject to a £25.00 administration fee. No refunds for any cancellations made after March 31<sup>st</sup> 2010